

Your Ultimate Guide to Bulk-Billed IVF

WHAT YOU NEED TO KNOW



First Step
Fertility

Welcome to First Step Fertility

First Step Fertility is a bulk-billing IVF service provider focusing on bringing your dream of parenthood within financial reach. We offer a fully stimulated IVF cycle to give our patients the best chance of taking home a precious baby.

Giving our patients excellent value for money is our priority, and you can be assured of top-quality care from experienced specialists, knowledgeable nurses and highly-qualified scientists; who will ensure your journey with us is as smooth as possible.

Why Choose First Step Fertility

At First Step Fertility, we have several advantages that set us apart when it comes to giving you the best value for money among low-cost IVF clinics:

- The majority of our services are bulk-billed providing you with significant savings.
- Our IVF treatment involves a fully stimulated cycle to maximise the number of embryos from your cycle. This may not be the case with a mild stimulated cycle (low drug dosage) offered at other clinics.
- There is no financial means testing, ensuring you enjoy any Medicare rebates you are entitled to, regardless of your annual income.
- You will be seen by qualified IVF specialists who work on a rotational basis, and will jointly be looked after by experienced fertility nurse coordinators during your treatment.
- You are not charged any registration fees to start the treatment process.

When to see a Specialist

If you've been unsuccessful after a year of trying to fall pregnant (or six months if over 35), the sooner you seek fertility advice the better.

Age has the biggest effect on fertility, especially for women, but several other factors for both partners have to be considered. These include:

Female:

- Irregular menstrual cycles
- Medical conditions (such as PCOS) and other health issues
- Being chronically underweight or overweight
- Lifestyle influences (such as smoking and alcohol intake)
- Genetic make-up

Male:

- Low quality of sperm shape or ability to move, or poor count
- Presence of antibodies
- Ejaculatory problems or azoospermia (no sperm present)
- Alternative to male sterilisation reversal



“
We give you the
best possible chance of
falling pregnant through
bulk-billed IVF that
does not compromise
on quality.
”

IVF Treatment Options for Couples

In Vitro Fertilisation (IVF)

In Vitro Fertilisation (IVF) is a procedure whereby a woman's egg and her partner's sperm are placed together in the laboratory for fertilisation outside the body before implantation into the uterus.

At First Step Fertility our treatment involves a fully stimulated IVF cycle to maximise the number of embryos from your cycle. Giving you the best possible chance of falling pregnant through bulk-billed IVF that does not compromise on quality.

Intracytoplasmic Sperm Injection (ICSI)

ICSI is the preferred method of treating severe male infertility. As its name suggests, ICSI is similar to a standard IVF procedure but involves a scientist injecting a single sperm directly into a mature egg to achieve fertilisation. After fertilisation, the embryo is transferred to the uterus.

Frozen Embryo Transfer (FET)

An IVF cycle may result in several good-quality embryos being produced. However, as only one is usually implanted into the uterus, the remaining embryos can be frozen and used at a later date.

Budget-Friendly Cost Structure

At First Step Fertility, we are committed to making treatment as budget-friendly as possible with bulk billing and a streamlined service model. This includes keeping your out-of-pocket expenses to a minimum, bringing your dream of having a baby closer to reality.

Our Treatment Costs:

- IVF Cycle - Bulk-Billed
- ICSI Cycle - Bulk-Billed

Please note: some parts of treatment do carry an out-of-pocket charge, including day surgery costs, PBS co-payment medication costs and some pathology tests. For more information please visit our IVF Treatment Process page.

For further details on cost structure and why we offer the best low-cost value, please refer to our website or contact our friendly staff.

Medical Insurance

It is not necessary for patients to have private medical insurance to access our services.

Who is Eligible?

In order to begin treatment, patients must meet the following criteria:

- Have a Medicare card.
- Fall within a healthy body weight range to meet our guidelines.
- Have been diagnosed by a specialist as medically infertile.
- There is no financial means test – so you don't have to worry about being financially ineligible for IVF.

Helping you Take Control

You and your partner are far from alone if you are having difficulty falling pregnant, with one in six couples facing a similar experience. We're here to help you take charge of your family-building goals with as little financial pressure as possible. We realise undergoing IVF can be daunting, so it's natural to have questions and feel unsure about what is involved.

Requesting an Appointment

Once you have decided to seek our help to fall pregnant, starting the treatment process is easy – simply obtain a GP referral to First Step Fertility.

In order for us to be able to bulk-bill your treatment cost through Medicare you must have a current referral in both the patient and partner's name. Also keep in mind that referrals from a GP last for a year.

While you're waiting to get your GP referral, you're welcome to book an appointment with us. Simply call us, or visit our website and complete our Book an Appointment form.

Appointments Available now!

Top-Quality IVF at a Low Price

At First Step Fertility, our focus is on easing the financial burden on couples while providing top-quality IVF services to achieve their dream of having a baby.



Contact Us

- 📞 1800 111 373
- ✉️ info@firststepfertility.com.au
- 🌐 firststepfertility.com.au